# The Natural Sleep Solution That Instantly Calms Your Busy Mind

Say goodbye to sleepless nights & wake up refreshed!

It's 3 am and you're wide awake. You've got a million thoughts racing through your mind.

You can't switch off and relax and it feels like you'll never drop off.

What little sleep you get doesn't refresh you. You wake up feeling like you never went to sleep at all.

When your sleep suffers, it affects every part of your life. Not getting enough sleep is a major factor in health conditions such as heart disease, diabetes and obesity.

You've tried everything to get into a good sleep pattern.

A dark, cool bedroom? Tick.

Switching off your electronics two hours before bedtime and reading instead? Tick.

A warm bath to get that optimum body temperature for sleep? Tick.

You're doing everything the experts tell you. And you're still sleep-deprived and exhausted.

You even begged your doctor for sleeping tablets so you could grab some precious shut-eye but they just made you feel like a zombie every morning.

# If only you had a reliable and natural sleep solution to help you drift off into dreamland ...

### Harness The Power Of An Ancient Remedy

Essential oils have supported healthy sleep for thousands of years. They've been used since ancient times to heal and restore.

They're 100% natural and proven to relax and de-stress even the busiest mind.

When you inhale their scent or absorb them through your skin, you can relax deeply.

And that's half the battle for a good night's sleep!

But it's hardly convenient to diffuse your go-to oils or mix them with carrier oils in the middle of the night and that's why we created a sleep aid that's easy and practical to use when you need it most.

### Introducing the Sweet Dreams Aromatherapy Rollerball!

We created our Sweet Dreams Aromatherapy Rollerball to put the therapeutic power of aromatherapy at your fingertips, even if you're a newbie with essential oils.

We've included a blend of the most relaxing essential oils to promote healthy sleep.

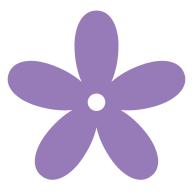
Stress-busting lavender, calming rose, and soothing jasmine melt away stress and tension for a blissful sleep.

### Switch Off Your Busy Mind For A Deep & Peaceful Sleep

- 1. Dab onto pulse points on your temples, wrists, neck, or behind your ears.
- 2. The warmth of your pulse points "diffuses" the scent of the essential oils into the air.
- 3. As you breathe it in, the scent acts on your olfactory system and activates the "emotional centre" in your brain. This stimulates the production of neurotransmitters, including mood-boosting serotonin and dopamine.

## A Soothing Blend Of 100% Essential Oils To Supercharge Your Sleep

The Sweet Dreams Aromatherapy Rollerball is a powerful blend of essential oils for a blissful night's sleep.



## Lavender

Mild sedative effects to help you drift off into a deep restorative sleep

Improves quality of sleep

Lowers physical stress, including heart rate and rich in linalool to calm the central nervous system



# Ylang Ylang

Like lavender, ylang ylang has sedative effects and promotes blissful sleep

It also works on the autonomic nervous system and lowers blood pressure and heart rate

Decreases cortisol levels and reduces anxiety



## Jasmine

It's less famed as a sleep aid but according to studies, jasmine is just as effective as lavender

Improves sleep quality and reduces restless nights Makes you more alert in the daytime too

### Rice bran oil

• Helps lock in the therapeutic scent of the essential oils for the deepest relaxation

### Safflower Oil

• Delivers a fast-absorbing and non-greasy application so your bed sheets aren't stained - even if you use the rollerball every night!

#### Rosemary

• Protects against oxidization and helps the essential oils to last for longer

### How It Works

Rollerball Glide	Roll Onto Pulse Points	100% Natural
Easy to use and portable There's no need to worry about spills or leaks!	Dab onto pulse points on your wrists, temples, neck, or behind your ears for powerful & discreet relaxation	Made purely from essential oils Free from parabens, silicones, and synthetic fragrances

# Here's how it's helping our customers to get a great night's sleep ....

[Client will insert testimonials and other social proof here]

You could keep wasting money on medications that give you a ton of side effects ...

# Or you could grab some all-natural sweet dreams right now for a bargain price!

We're passionate about making it quick and easy to use the power of aromatherapy.

That's why for a limited time only, we're offering you 20% off the regular price of our Sweet Dreams Aromatherapy Rollerball - but they'll be back to the regular price once they sell out!

## <del>£10</del>

## [Pay just £8 today!]

## Next Day Delivery On Us!

After you order, you'll receive an email confirming your purchase and delivery details.

Your aromatherapy rollerball will be delivered to your door via next-day courier delivery.

If you need to return your rollerball for any reason, you can send it back to us free of charge.

### **Frequently Asked Questions**

# What ingredients does the Sweet Dreams Aromatherapy Rollerball contain?

The main ingredients are lavender, rose, and jasmine essential oils.

They're supported by rice bran oil, safflower oil, and rosemary - all of which have extra benefits that boost the therapeutic effects of the rollerball and make it easy to use.

### Can I use it every day?

Our Sweet Dreams aromatherapy rollerball is ideal for nightly use.

### Is it suitable for sensitive skin?

We created the product to suit all skin types but if you have very sensitive skin, we recommend doing a small patch test before using it more liberally. You're unlikely to have an adverse reaction but this can put your mind at rest.

### Does it contain perfumes?

Only the purest essential oils make it into our Sweet Dreams Aromatherapy Rollerball. We don't add any perfumes as they're simply not needed!

### You CAN Get Better Sleep Without Medications!

Get 20% off your Sweet Dreams Aromatherapy Rollerball and get the sleep you deserve!

# [I'm ready for amazing sleep!]